

BLEARY EYES, BLURRED LINES, BUMPY CONVERSATIONS: ETHICS & WELL-BEING IN 2021

Join us for a CE workshop!

Live, interactive webinar via Zoom
with interaction between
attendees & presenters.

Our Instructors:



Erin Haugen, PhD

Licensed Psychologist and
Certified Mental
Performance Consultant



Margo Adams Larsen, PhD

Licensed Psychologist

\$125* • September 17, 2021
8am to 12:30pm

4 hours of continuing education. Visit the
link or scan the QR code to register:



www.grandforkstherapy.regfox.com/ethics-2021

*price increases to \$145 on 8/20/21

ETHICS CE WORKSHOP

September 17, 2021

8am to 12:30pm

\$125*

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With the dawn (or shall we say, flooding) of telehealth, professionals have been siloed in their home/closed offices with challenges in personal and professional balance, limited spontaneous peer conversations, & global experiences of uncertainty. This intermediate level workshop will focus on ethical foundations for real conversations and boundary setting for professional well-being to help navigate psychological uncertainty. Learning will be guided by the 5P Communitarian Model for Preventing Burnout. Aligning your personal values in a manner promoting ethical acumen is more essential than ever. Join us for an engaged learning experience designed to build your ethical toolkit and focus on learning, practicing, and implementing strategies for managing uncertainty, personal/professional boundaries, & conversations of perspective.

OBJECTIVES:

Upon completion of this course, participants will be able to:

1. Describe 3 ethical principles & standards illustrating importance of professional well-being and effective conversations.
2. Define the 3 components of burnout & describe risk factors across diverse groups & professional settings.
3. Identify the 5 components of the 5P Communitarian Model for Preventing Burnout & articulate a detailed personal goal related to improving one area.
4. Explain 3 key aspects of effective conversations that guide ethical decisions.
5. Develop a self-care plan during the workshop that targets attendee well-being across personal & professional areas.

SCHEDULE (LISTED IN CENTRAL TIME)*:

7:45-8AM	Sign In & Networking (no CE)
8-8:45AM	Ethical principles and standards
8:45-9:30AM	Defining burnout, risk & contributing factors, & the 5P model
9:30-9:45AM	Networking break (no CE)
9:45-10:30AM	Components of effective conversations
10:30-11:15AM	Small group work: Role play effective conversations
11:15-11:30AM	Networking break (no CE)
11:30-12:15PM	Self-care action plan work
12:15-12:30PM	Wrap-up & questions
12:30PM	Post-Test, CE Evaluation, & Sign Out

*Specific times subject to vary; TOTAL CE TIME: 4.0 hours - no partial credit will be provided



Assessment and Therapy Associates of Grand Forks, PLLC, is approved by the American Psychological Association to sponsor continuing education for psychologists. Assessment and Therapy Associates of Grand Forks, PLLC, maintains responsibility for this program and its content. CE approval was sought from other entities; visit the registration page for the most updated list of CE sponsor approvals.

THE REGULATORY FINEPRINT

This program is available for 4.0 continuing education credits. Full attendance is required; credit will not be awarded for partial attendance. If ATAGF cancels the class, all registrants will receive a full refund. By 5pm CT Friday, 09/10/21, registrants who cancel for any reason will receive 90% refund of their registration fee. Cancellation requests must be received no later than 09/10/21 via email (training@grandforkstherapy.com) or phone (701-780-6821). Be sure to include your name, address, and contact information as provided in your registration information. No refunds will be granted after 09/10/21.

ATAGF does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation, or age. ATAGF is committed to accessibility and non-discrimination in its continuing education activities. If participants have special needs, ATAGF will do their best to accommodate them. Please address questions, concerns, and complaints to ATAGF's CE Committee Vice Chair, Christine Boulton-Olson, PhD, LP, at (701) 780-6821 or training@grandforkstherapy.com.

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